

KUNDALINI MAHAYOGA

A Path of Transformation & Liberation



Kundalini Meditation and Shaktipat Lineage of Nityananda and Rudrananda

Kundalini Mahayoga is an ancient Tantrik spiritual practice that allows each individual to deeply experience their own inner connection to the Divine. This practice awakens and expands the flow of inner creative energy within each person called "Kundalini".

On-Going Classes

Monday, Tuesday and Thursday evenings at 7:15 pm

Call 510-486-8700 to sign up for introductory class.

All classes are free.



Swami Khecaranatha lives and teaches in Berkeley. With a mastery etched from 38 years of disciplined inner practice and selfless service, Swami Khecaranatha (Nathaji) is an authentic master of Tantrik Shaivism in the Shaktipat Lineage of Bhagavan Nityananda and Swami Rudrananda.

Sacred Space Yoga Sanctuary



**AUTHENTIC SPIRITUALITY
IN THE TANTRIK TRADITION**



EXPERIENCE

Descent of Grace: Shaktipat Transmission
Shaktipat is a living force that flows through a spiritual adept- a direct transmission of a spiritual energy. Inherent in that force is the power to free us from our misunderstandings so that we can experience our own Divinity. Transmission is a catalyst in the miracle of opening your heart – the essential beginning in the transformation of our consciousness and experience of life.

TRANSFORMATION

Light the Fire Within

The original Tantrik masters taught Yoga practices in which people could experience Divinity as a vibrating reality within themselves. Khecaranatha will not only give you access to that place within yourself, but will transmit powerful meditation techniques that will allow you to build the inner spiritual capacity to make that contact yourself.

AND LIBERATION

Enter Into Stillness and Oneness

The process that is activated through contact with an authentic teacher and the receiving of shaktipat awakens the Divinity that is always present, always within you. Making contact with the stillness and oneness within yourself is the well-spring of your own spiritual journey towards liberation.